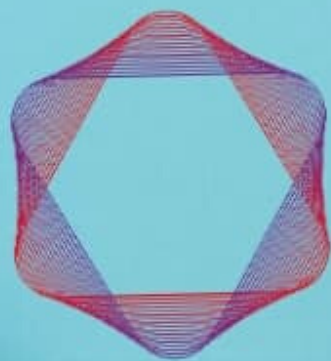


LIVE  
YOUR BEST  
LIFE



*Live Your Best Life!*

**STOP REACTING,  
START CREATING!**

Virtual Workshop Series



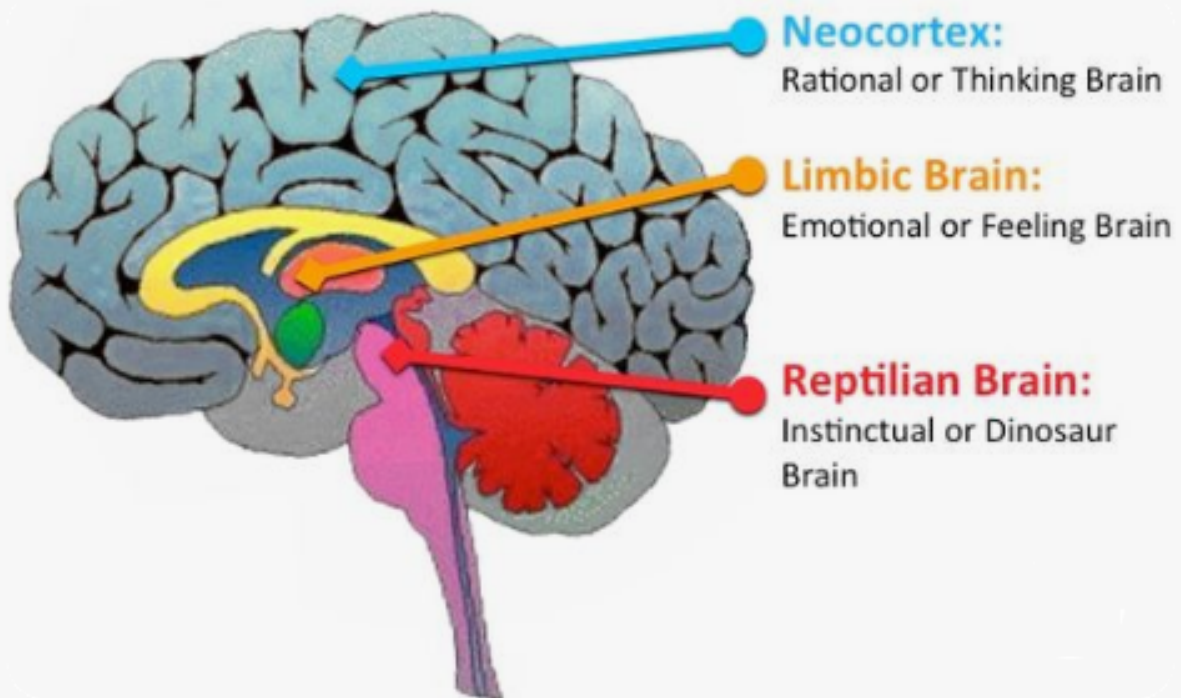
**The best way to predict your future,  
is to create it yourself.**







## 2. From Reaction to Creation



I am a \_\_\_\_\_ type.

It is not the \_\_\_\_\_ that determines our \_\_\_\_\_  
but the \_\_\_\_\_ we have with the \_\_\_\_\_

### The manifestation process:

Thought --> Processing --> decision --> action

--> result/reality



# 3. Creation Exercise

1. What is not yet fully functioning or ideal in your life in the area of your:

- Job, education:
- Relationship(s):
- Self-Care:
- Finance:
- Other:

2. What feelings/thoughts do you have about your:

- Job, education:
- Relationship(s):
- Self-Care:
- Finance:
- Other:



# 3. Creation Exercise

## 3. What changes would you like to see regarding your

- Job, education:
- Relationship(s):
- Self-Care:
- Finance:
- Other:

## 4. What do you decide to do now regarding your

- Job, education:
- Relationship(s):
- Self-Care:
- Finance:
- Other:





**"I AM....  
two of the most powerful words,  
for what you put after them shapes  
your reality"**



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